

LUGISU VERSION OF THE LONDON MEASURE OF UNPLANNED PREGNANCY TOOL

Umurebi anarambisa hatabo ha LMUP

Buli shirebo shili ni lukalala lwa byesi bililemo. Nahusaba unyowe uwulilise lufanyuma urobole she uhwilamo shesi ukakasa uri nisho ishene sho amala umbolele. Ngana huhureba ibyahwolaho nga uli shisombo. Nahusaba ushebulile shisombo she wasyesembesele hufuna nga wilamu birebo bino. Buli shirebo shili ni lukalala lwa byesi husubila huri nibo by'ohwilamo. Unanyowa Uwulilise bye nahubolela lufanyuma urobole shitwela amale umbolele.

Qn#	Shirebo	Lukalala lwa byesi bililemo
Shirebo shinyowa shili nibye uhwilamu bine. Robola sh'obona ori nisho shitufu ilala amala umbolele. Shirebo shiambakana nihurambisa bina'hushingilisa huwesa hwesi uhikanisile taawe (bya famile). Inyala huba nga bupira bwesi basetsa bakwara hubusetsa bwawe, tsipilu, tsimbiso, He uhwingisa mumuhono, haweta, Huhala tsisehe tse shisetsa, husanyalaza hwe shihasi ni ibindi binakyelewesa huesa.		
01	Mumwesi kwe naeselamo..	Ise/ fembi ihwarambisa bya famile taawe... 1 Ise/fembi hwarambisa bya famile n'eli buli inyanga taawe.....2 Ise/fembi hwarambisa bya famile ne hwamanya huri she hwarambisa isharamba kumulundi ukwanyowa taawe.....3 Ise/fembi hwarambisa bya famile.....4
Ari tsya huhureba shirebo shili ni bye'uhwilamu bitaru. Robola shifurisa huba shishene umale umbolele.		
02	Nga nasinzirile mungeli iye huba mayi, huesa hwase hwaba.....	Mumbuka intufu.....1 Mumbuka ihali integehe taawe.....2 Mumbuka ihali intufu taawe.....3
Birebo ibilaho bitsya huamba humbuka isi waba shisombo. Buli shirebo shili ni bye uhwilamu bitaru. Una robola shesi ukakasa ori nisho shitufu hubitaru, amala ushimbolele.		
03	Nga no'shili huesa,....	Nahalawo ndi kane nakanile(mbese).....1 Ibyambasa byashuha.....2 Inashambasaho taawe.....3
Birebo ibilaho bitsya huamba humbuka isi waba shisombo. Buli shirebo shili ni bye uhwilamu bitaru. Una robola shesi ukakasa ori nisho shitufu hubitaru, amala ushimbolele.		
04	Nga no'shili huesa,....	Nakana huba n'umwana.....1 Ni kanakana mu huba n'umwana....2 Inakanaho u'mwana taawe.....3
Shirebo ishilaho, itsya huhureba biamba hu mukana wowo – uyu anyala huba (namwe abaho) umusesta wo, umukana isi umenya naye, umusale namwe uyo isi wikata naye kyimilundi nga kyibili namwe mutwela. Huli ni bye uhwilamo bitaro nne uli nihurobola shitwela. Lundi ng'oshili huambasa hu she huesa, abe unyala hulom'ori...		
	Nga no'shili	Ise n'umukana wase hwashikanihaho huri mbese.....1

Qn#	Shirebo	Lukalala lwa byesi bililemo																								
	huesa,....	Ise n'umukana wase hwashikanihaho huri hube ni'babana ne abe hushili hufukyilisana huri mbese taawe.....2 Ise n'umukana wase abe si'hwashikanihatsakaho hu she husaala abana fembi taawe.....3																								
Shirebo shisembesayo nasho shisty hureba hubyesi wambasa nga n'oshili huesa taawe. Iliyo lunyi lili lwa byo byesi uli nihurobola amale umbolele hu'bihumbaho.																										
06	Nga no ushili huesa, iliyo shosi shewarambisa hu bulamu bwowo nga witehateha uhwakanil'enda (huesa)? <i>Werengekela shishombo shesi ulini nasho anari?</i>	<table border="0"> <tr> <td>1. Wamila kamasuswa kakisamo kamafukyi mumubili.....</td> <td>Yes.....1</td> <td>No....2</td> </tr> <tr> <td>2. Wabihaho andulo lipesa.....</td> <td>Yes.....1</td> <td>No....2</td> </tr> <tr> <td>3. Walya byehulya bilayi.....</td> <td>Yes.....1</td> <td>No....2</td> </tr> <tr> <td>4. Watsya mwilwaliro uhwireba hubye'bulamu bwase.....</td> <td>Yes.....1</td> <td>No....2</td> </tr> <tr> <td>5. Khulehela uhwikulisa</td> <td>Yes.....1</td> <td>No....2</td> </tr> <tr> <td>6. Khulehela namwe kuhendesa khunywa enguli</td> <td>Yes.....1</td> <td>No....2</td> </tr> <tr> <td>7. Khulehela namwe kuhendesa khurambisa bilesi.....</td> <td>Yes.....1</td> <td>No....2</td> </tr> <tr> <td>8. Mbawo shenahola shosi hubili agakakyi, nga shili huesa</td> <td>Yes.....1</td> <td>No....2</td> </tr> </table>	1. Wamila kamasuswa kakisamo kamafukyi mumubili.....	Yes.....1	No....2	2. Wabihaho andulo lipesa.....	Yes.....1	No....2	3. Walya byehulya bilayi.....	Yes.....1	No....2	4. Watsya mwilwaliro uhwireba hubye'bulamu bwase.....	Yes.....1	No....2	5. Khulehela uhwikulisa	Yes.....1	No....2	6. Khulehela namwe kuhendesa khunywa enguli	Yes.....1	No....2	7. Khulehela namwe kuhendesa khurambisa bilesi.....	Yes.....1	No....2	8. Mbawo shenahola shosi hubili agakakyi, nga shili huesa	Yes.....1	No....2
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